Evallies, in brief

For journalists, producers and event organisers. Everything here may be quoted; the full media page, press photographs and bios are at evallies.com.au/media.

About Evallies

Evallies is a Melbourne mental health practice founded in 2023 by consultant psychiatrist Dr Robbie Gillies OAM. It provides consulting rooms, administration and care coordination for independent psychiatrists, psychologists, GPs and allied health practitioners who see patients in Malvern East and Kew, and by telehealth across Australia, with a focus on ADHD, autism, OCD, anxiety, sleep and perinatal mental health. Its sister service, Stork, is dedicated to perinatal and women's mental health.

At a glance

- Founded 2023 in Melbourne; owned by The Evallies Clinic Pty Ltd
- Rooms at 280–282 Waverley Road, Malvern East, and 1301 Burke Road, Kew; telehealth Australia-wide
- An independent-practitioner model: Evallies provides the rooms, administration and coordination; care is provided by the named practitioner a patient sees
- Practitioners working from the rooms: psychiatrists, psychologists, GPs, coaches and allied health (details on the Team page at evallies.com.au)
- Areas of focus: ADHD, autism, OCD, anxiety, depression, burnout, addiction and sleep, across children, adolescents and adults; perinatal and women's mental health through Stork
- Podcast: *That Explains a Lot*, hosted by Dr Gillies, new episodes every Monday and Thursday — evallies.com.au/podcast

Spokesperson

Dr Robbie Gillies OAM, consultant psychiatrist (FRANZCP), founder and clinical lead. Available for expert comment, radio and television, podcasts, keynotes and panels, written commentary and background briefings on ADHD, autism, OCD, anxiety and burnout, sleep, youth mental health, access to care, and social enterprise. Comments are general information in his own professional capacity; he does not comment on identifiable people or name prescription medicines.

For questions about the practice itself (locations, services, referrals): the practice manager, through the contact page.



Dr Robbie Gillies OAM in the Evallies consulting rooms.

Media enquiries

evallies.com.au/contact — put **Media** in the first line, with your outlet, topic, format and deadline.

Written enquiries answered within one business day; same day for news deadlines where possible.

Same-day broadcast deadline: **(03) 8548 0334**, ask for the practice manager.

Formats: in person at Malvern East, in studio in Melbourne, by phone, or on Zoom or Riverside with broadcast-quality audio and video.

Online

evallies.com.au · Instagram and TikTok @evallies.com.au · LinkedIn: Evallies
That Explains a Lot: YouTube @thatexplainsalot · Instagram @explainsalotpod · TikTok and X @explainsalot · Facebook and LinkedIn: That Explains a Lot

Reporting on mental health

Evallies follows the Mindframe guidelines (mindframe.org.au). Please carry help-seeking information with any story on suicide or self-harm: Lifeline 13 11 14 · Suicide Call Back Service 1300 659 467 · 13YARN 13 92 76 · 000 in an emergency.

Dr Gillies comments as a consultant psychiatrist in his own professional capacity. Comments are general information and not individual medical advice. © The Evallies Clinic Pty Ltd · 280–282 Waverley Road, Malvern East VIC 3145 · 1301 Burke Road, Kew VIC 3101 · (03) 8548 0334 · evallies.com.au/media